



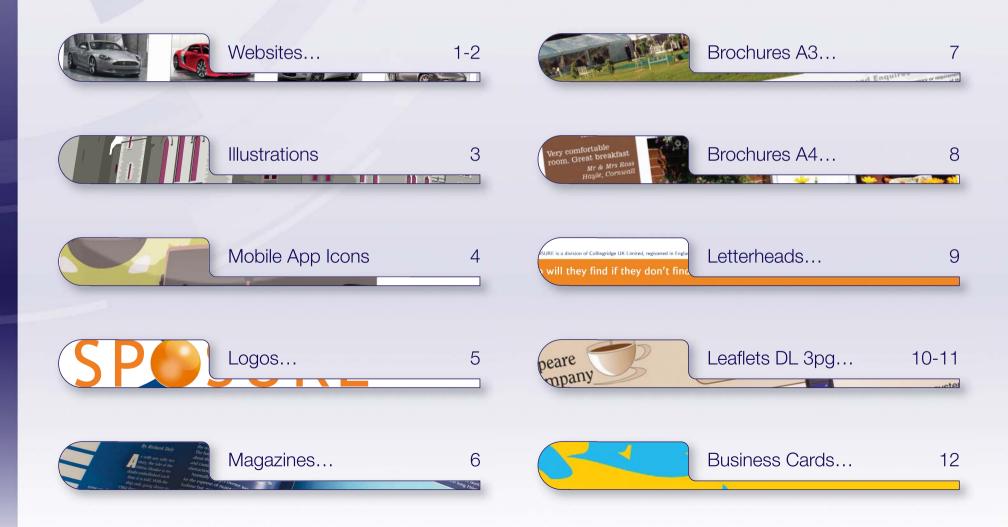






David Mothersole

The following pages contain a selection of examples of website and graphic design







11 B





Welcome to the Smarter HR website

Good news for business owners and managers who run SMEs

Despite the uncertainties of the economy there is some good news for business owners and managers who run SMEs. If you have inadequate human resources support, or need an instant HR based resolution, Smarter HR can provide the cost-effective option by delivering a comprehensive range of HR solutions... without the need for permanently employed staff.

We are understanding... and aware that down-sizing and cost-cutting is unavoidable for many companies, but remaining legal and compliant through the minefield of regulations can cause major problems for the underprepared. Conversely these practices must also be observed by companies experiencing stability or growth, pecause expert recruitment, retention, development and management of assets and personnel is now a vital consideration at all levels.

providing assistance... fast!

through Smarter HR means it is no longer necessary to employ a full time HR employee and the majority of tasks can be performed at a fraction of the cost - because we are not on your payroll.

We can really help... addressing the critical and mundane tasks, dotting the 'I's and crossing the 'T's to make sure everything runs smoothly and legally in-house. In addition, companies often find personnel, enabling them to concentrate fully an "

Find out more.

...from the pages on this website. \ placing their enterprise at risk. For Why Companies Need Us and for t Our Services.

TELEPHONE: 07909 510215 Email:caroline@smarterhr.co

www.smarterhr.co.uk



AMANDA HESLOP

EXCLUSIVE DRESSMAKER























App Icons































holistic health & beauty at pello bonito





192 Osborne Park Belfast, BT9 6JQ





Offers Around: £1,495,000







- · Superb Red Brick Detached Family dwelling situated in the ever popular Malone Area.
- Three Spacious Reception Rooms with many original features.
- Large Kitchen, with fitted appliances and adjoining utility room.
- Sunroom overlooking Belfast Academical Institutions Playing Fields.
- · Six well proportioned double Bedrooms.
- · Family Bathroom.
- Downstairs Cloakroom with W.C.
- · Detached Garage and ample parking

sanelled front door with side panels and fan light

entrance door with glazed panels and stained ight. Mosaic tiled flooring and corniced ceiling.

ENTRANCE HALL

wash hand basin with tiled splash back, low storage space. Door to . .

- 16'7" x 10'1":

glazed window overlooking playing fields, or to greenhouse. Power and light.

OM -18'9" x 14'0":

oden mantel and side panel with slate inset Solid wooden flooring and cornice ceiling.

M OPEN TO DINING ROOM - 31'2" x 16'11": len mantel and side panels with tiled inset Corniced ceiling, bay windows and built in

FAMILY KITCHEN - 13'7" x 12'1":

Range of high and low level units, granite effect work surfaces, single drainer stainless steel sink unit, fitted over/ hob with concealed extractor fan, plumbed for dishwasher, tiled slate effect floor, serving hatch to dining room and space for table and six chairs.

UTILITY ROOM - 11'5" x 9'0"

Ample storage and shelving, space for American style fridge/freezer and plumber for washing machine.

RETURN LANDING

Concealed hotpress with ample storage and cornice ceiling, panelled windows overlooking rear garden.

BATHROOM:

Comprising fully tiled shower cubicle with Aqualisa power shower, cast iron panelled bath with mixer taps and pedestal wash hand basin. Access to roof space.

SEPARATE WC:

Low flush WC

BEDROOM 1 - 15'0" x 14'1":

Triple panelled windows to front and side, corniced ceiling.

BEDROOM 2 - 15'0" x 14'1":

Pedestal wash hand basin, window with outlook to front

BEDROOM 3 - 13'7" x 11'10":

Feature panelled window to side overlooking playing fields, pedestal wash hand basin with mixer taps and corniced ceiling.

BEDROOM 4 - 13'6" x 12'1":

Wash hand basin with mixer taps, panelled window, corniced ceiling.

ELEGANT LANDING:

Feature stain glass window to front, corniced celling. mahogany staircase leading to .

Feature curved window with panoramic views, eaves storage

Feature cast iron fire place, double panelled windows to

side with outlook over playing fields

DETATCHED GARAGE - 22'0" x 12'3": Up and over door, power and light

Extensive landscaped gardens with mature lawns hedges, shrubs and trees. To the rear is a large patio area with excellent views of gardens and playing fields. This delightful space is ideal for barbequing, entertaining and alfresco dining. To the front is ample parking with bitmac driveway. Rear potting shed, vegetable beds, attractive shrubs and plants bordered by mature hedges. Sun patio

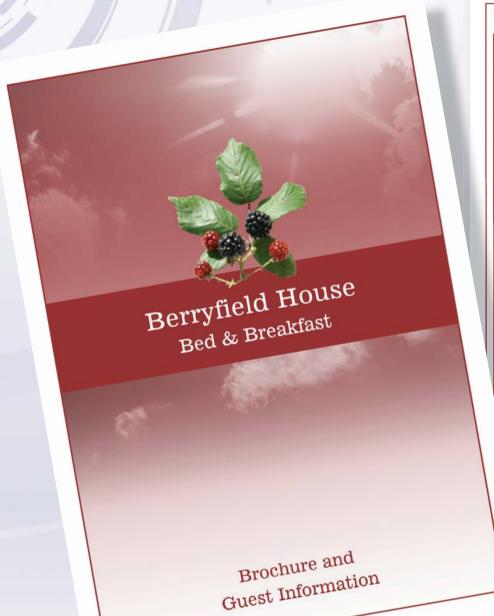






192 Osborne Park Belfast, BT9 6JQ





Why choose Berryfield House?

Don't just take our

We've had a lovely stay and hope you'll be running for years to come, all the best. Deb & Alan Lampare

waytercare, surn We enjoyed our stay wonderful bed Thank you

Reading Berks

oom. Great breakfast Mr & Mrs Ross Hayle, Cornwall

great breakfast. Many thunks. Clare & Andrew Adam

Great to be here again, will call again.

Wonderful welcome, great room - will be back whenever we as in the area. Thanks. Alex & Mark Goldstre Bridgend, Wo

Lovely!! Jo

Fabulous home from home. My biggest thank you for your hospitality.

> ry comfortrable, riey stay. Paulene & Henry

Thank you for nice tay and nice room. Kingsley & Guen Ros The Lizard, Cornes



Berryfield House is ideally with the Hampton Ferry) of for touring the numerous

Rooms are spacious wit televisions. Tea and coffee available in all rooms.

Wherever possible we use tomatoes and homemade purchased from our local b

There is a choice of $\mathbf{good}\ \mathbf{p}$ and a great deal more a sh

We hope you decide to co we would be delighted to h

11386-48214 E: info@berryfieldhouse.co.uk W: www.be

Accommodation - Ensuite 1





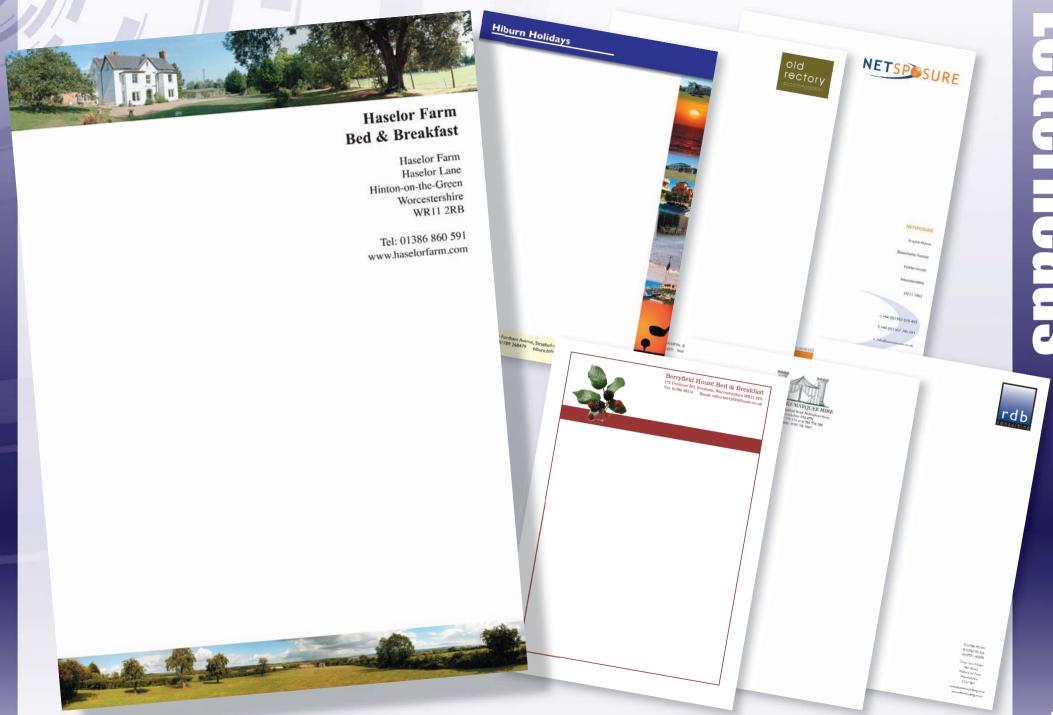
Our first spacious ensuite room can be tailor made for your personal sleeping requirements e.g. single, twin, double or family. The room is south facing with views towards the Cotswold hills. The ensuite comprises a wash basin, light with shaver point, tollet, electric shower and window. Tea and coffee making facilities are provided as well as a fridge and Digital HD flat screen TV with freeview.

- Single, twin, double or family
 Views towards the Cotswold hills
- · Tea and coffe
- · Fresh milk in own fridge
- Digital HD flat screen TV
- Ensuite comprises a wash basin, light with shaver point, tollet, electric shower and window



01386 48214 E: info⊕berryfieldhouse.co.uk V





foot d-tox

The easiest way to start to detox ever! One treatment will be enough to impart a sense of relaxation and wellbeing and your body will, if properly hydrated, begin to detox. The response of a rebalanced body is to excrete any excess toxins via the kidneys, liver bowels and skin AFTER treatment. A course of treatments will be necessary in most cases if you want your body to re-balance itself to the best health it can achieve along with a healthier diet and lifestyle.

Spa Parties at Home

Get together with a few of your good friends...

Soothing, relaxing massages... Beauty treatments...

A Spa Party is a great idea for...

Pre-wedding get togethers Leaving Parties Birthdays, Anniversaries, Celebrations Baby Showers Reunions

Prom Nights

Engagements Girls Nights In or Ladies Day Out Any old excuse for a bit of Pampering. Please ask for details at reception

or check out our website at

www.tranguilo.co.uk

Gift vouchers are available

for all occasions and can be used for

treatments, products or parties

Tranquilo at Pello Bonito,

Church Street, Fladbury, Pershore,

Worcestershire WR10 2QB Telephone: 01386 860110

Eyelash tint	£10.00
Brow tint	€6.00
Lash / brow tint	£15.00

(Patch test required 24 hours prior to application).

Eyebrow shape Chin wax Lip wax

CANCELLAT

tranquilo

holistic health & beauty at pello bonito



holistic health & beauty at pello bonito



Using various massage techniques and warm basalt stones, this treatment will relax the body at the deepest level. Negative energies will be neutralised, over stimulated areas will be balanced, areas depleted of energy will be re-energised. This will induce a feeling of well being, harmony and balance.

Full Body £50.00 Back, Neck and Shoulders £35.00

dao yin tao

A harmonious blend of softened and adapted Chinese and Western massage and acupressure skills. This creates a powerful synergy and brings relaxation and balance to the whole body through contact on the Head, Face, Neck and Shoulders.



hopi ear candles

reflexology

This therapy involves massaging the 'relex' areas in the feet which correspond to the various parts

of the body. It is effective for

conditions involving congestion and or inflammation such as sinus

problens, digestive disturbances and

menstrual problems. A reflexology

treatment is relaxing making it popular

for treating stress-related disorders

calming anxiety, alleviating tension and encouraging restful sleep.

A Japanese form of hands on energy healing. Reiki aims to promote health

and wellbeing at a pace to suit the

individual. It is a gentle non invasive

treatment leaving you feeling calm,

refreshed and comfortable.

Soothing and helpful for earache and headache, ear noise, stress and neryousness. The ear candles induce a pleasant feeling of warmth and balances pressure in the forehead,



indian head massage

The aim of Indian Head Massage is to release the stress that has accumulated in the tissues, muscles and joints of the head, neck and shoulders. It helps to alleviate anxiety and stress and promotes peace, calm and balance.



organic facial

Using only certified organic products for specific skin needs, this facial begins with a short back, neck and shoulder massage. During the facial a hand and arm massage is also given for a deeply relaxing experience.



Organic Natural Enterprise Group products stand in a class of their own as the first comprehensive range of Certified Organic skin, hair, cosmetic, health and personal care products on the planet. In an industry that is largely unregulated, Miessence has set an unprecedented benchmark of quality by producing products that are guaranteed to be of an Organic Food Grade Standard, They can be bought from the salon or online at www.organictherapy.mionegroup.com





Shakespeare Coffee Company

Your local supplier of coffee and beverage solutions

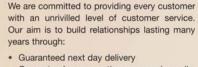
- Hot drink vending machines
 - Bean-to-cup machines
 - Espresso machines
 - Filter coffee machines
 - Cappuccino systems
 - Finest gourmet coffees



Finest Gourmet Coffee

Garraways are one of the few UK coffee roasters who genuinely source, import, roast and blend the worlds finest coffee beans at their own premises. The coffee beans are roasted in house and packed in one way valve sealed bags which date stamped. This ensures optimum freshness which is vital to

high quality coffee. Whether you require coffee beans or fresh ground coffee, the Shakespeare Coffee Company is able to supply a complete and varied range of coffee of the highest quality.



Guaranteed response times on service calls

Service

- · All installations and service carried out by our own trained engineers
- · Providing a dedicated account manager for every customer

Water coolers

The Shakespeare Coffee Company's sister company Aquaid water coolers supply a complete range of bottle fed and plumbed in water coolers, offering excellent value for money and of course outstanding customer service including next day delivery.



Tel: 01789 778345



Your local supplier of coffee and beverage solutions

- · Hot drink vending machines
 - · Bean-to-cup machines
 - · Espresso machines
 - · Filter coffee machines
 - · Cappuccino systems
 - · Finest gourmet coffees



The Sha committed an overall i service total industry.

As an indeper Coffee Comp variety of c gourmet coffees from a variety of suppliers.

From home or small office applications to the largest factory sites we have a range of units to suit every need.

We stock a wide variety of in-cup drinks suitable for most units including the excellent Kenco in-cup range, Kenco Singles and Flavia real ground coffee cartridges, soluble products from Kenco, Suchards and Cadburys.

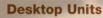
We are proud suppliers of Garraways' fine coffee beans and roast and ground coffee.

A range of Fair Trade products is available for most applications.

For further information on how Shakespeare Coffee Company can help you contact:

Tel: 01789 491818

www.shakespearecoffee.co.uk



& Serv aditional un iss jugs or and fresh

Available with instant, fresh ground or genuine bean to cup options. We stock a wide variety of units including Wittenborg, Necta, Bravilor and Stentorfield together with Kenco in-cup desktop units.





Indulgence Drinks Units Unbeatable espresso, cappuccino and speciality

coffee all freshly made from the finest coffee beans. These units produce drinks that rival any High Street coffee house at a fraction of the cost.

Freestanding Automatic Vending Machines

Available as soluble with freshbrew and bean to cup options or in-cup units suitable for every sized location. We also stock the Kenco K Bar Bean to Cup unit which dispenses both genuine bean to cup coffee and a full range of in-cup drinks all from the same unit.









